

VIRTUAL CPD CONFERENCE



HEALTH SCIENCES
Continuing Health Sciences
Education

MacHANd
McMaster University Hand, Arm, Nerve

Learn more: machand.ca

13th Annual

MacHANd Half Day of Evaluation and Management of the Upper Extremity

Wednesday, November 25, 2020

Platform: ZOOM (08:30 am – 12:40 pm Eastern Time)

Program Topics: interdisciplinary approach to pain management, virtual care for hand and upper extremity disorders.

The McMaster University Hand, Arm, Nerve (MacHANd) Group

is an interdisciplinary team promoting excellence in education, clinical service, and research for hand and upper limb injuries, diseases, and disorders.

Target Audience

Chiropractors, Emergency Medicine Physicians, Family Physicians, Occupational Therapists, Physician Assistants, Physiatrists, Physiotherapists, Radiologists, Sports Medicine Physicians, Residents, Students, and all other Health Professions interested in upper extremity disorders.

Learning Objectives:

At the end of this learning activity, the participants will be able to:

- » Identify evidence-based, virtual biopsychosocial interventions for patients with upper extremity conditions and mental health symptoms
- » Acquire an understanding of virtual delivery of hand therapy during COVID-19
- » Apply new knowledge on the interdisciplinary approach to pain management (acute to chronic)
- » Recognize the risk factors for opioid dependency
- » Describe how to assess the upper extremity during a virtual physical examination



Register online @ chse.mcmaster.ca/machand



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Agenda

Time zone: EDT GMT-4

*Activity subject to change

8:30–8:35	Opening Remarks Co-Chairs			
8:35–9:15	Plenary Session – Virtual delivery of care for hand patients during COVID-19 Joy MacDermid, BScPT, PhD Professor, Physical Therapy McMaster University & Western University			Option #2: Acute Pain Management in the Community – Latest Update (targeted audience: all healthcare providers) Jason Busse, DC, PhD Associate Professor, Anesthesia & Health Research Methods, Evidence, and Impact McMaster University
9:15–9:25	Questions & Answers			Option #3: Conducting Standardized Virtual Upper Extremity Examinations (targeted audience: all healthcare providers) Carlos Prada, MD, MHSc Upper Extremity & Hand Surgery Fellow Orthopaedic Surgery McMaster University
9:25–9:35	Transition and Stretch Break			
9:35–10:35	Plenary Session – The Patient’s Pain Journey Faisal Khawaja, RPh, BScPhm Operations Manager Marchese Health Care	12:00–12:05	Transition and Stretch Break	
	Jennifer Tang, ARCT, BHSc, MD, FRCPC, MHSc (Bioethics) Assistant Clinical Professor, Emergency Medicine Investigating and Presiding Inquest Coroner, Ontario McMaster University & Hamilton Health Sciences	12:05–12:30	BREAK-OUT SESSIONS #2	
	Suneel Upadhye, MD, MSc(HEI), FRCPC, DCAPM Associate Professor, Medicine & Health Research Methods/Evidence/Impact McMaster University Research Lead, EM Researchers of Niagara (EMRoN)		Option #1: ECHO Ontario Chronic Pain and Opioid Stewardship (targeted audience: all healthcare providers) Andrea Furlan, PhD Associate Professor, Medicine University of Toronto	
	Jill Wiwcharuk, MD, CCFP (EM) Shelter Health Network Hamilton Health Sciences & St. Joseph’s Healthcare Hamilton		Option #2: Acute Pain Management in the Community – Latest Update (targeted audience: all healthcare providers) Jason Busse, DC, PhD Associate Professor, Anesthesia & Health Research Methods, Evidence, and Impact McMaster University	
10:35–10:45	Transition and Stretch Break			Option #3: Conducting Standardized Virtual Upper Extremity Examinations (targeted audience: all healthcare providers) Carlos Prada, MD, MHSc Upper Extremity & Hand Surgery Fellow Orthopaedic Surgery McMaster University
10:45–11:25	Panel Q&A on The Patient’s Pain Journey			
11:25–11:35	Transition and Stretch Break			
11:35–12:00	BREAK-OUT SESSIONS #1	12:30–12:35	Transition and Stretch Break	
	Option #1: ECHO Ontario Chronic Pain and Opioid Stewardship (targeted audience: all healthcare providers) Andrea Furlan, PhD Associate Professor, Medicine University of Toronto	12:35–12:40	Concluding Remarks Co-Chairs	

Planning Committee

Allison Blain, MD, FRCPC

McMaster University & Hamilton Health Sciences

Janice Harvey, BSc, MD, CCFP, FCFP, Dip. Sport Med.

Co-Chair

McMaster University &
College of Family Physicians of Canada

Carolyn Levis, MD, MSc, FRCSC

McMaster University & St. Joseph's Healthcare Hamilton

Margaret Lomotan, BA

McMaster University, Hamilton, ON

Joy MacDermid, BScPT, PhD

McMaster University, Hamilton, ON

Tara Packham, PhD, OT Reg. (Ont.)

McMaster University, Hamilton, ON

Michael Vallely, BA, BScPT

Co-Chair

McMaster University & Innova Health Clinic

Danielle Stayzer, Manager

Continuing Professional Development Office (CPD)

McMaster University, Hamilton, ON

Shawn Locke, CHSE Coordinator

Continuing Health Sciences Education

McMaster University, Hamilton, ON

Accreditation Statements

McMaster University, Continuing Health Sciences Education Program (CHSE) is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME) to provide CFPC Mainpro+ and RCPSC Maintenance of Certification (MOC) study credits for Continuing Medical Education.

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the McMaster University Continuing Health Sciences Program for up to **3.25 Mainpro+ credits**.

This activity is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada and approved by McMaster University, Continuing Health Sciences Education Program for up to **3.25 MOC Section 1 hours**.

Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at www.ama-assn.org/go/internationalcme.

Each attendee should only claim the hours they attended.

“Everyone shared highly informative presentations and I appreciated the simple take home points at the end of each presentation.”

“I found the whole program to be quite useful and practical, and this is a conference I look forward to every year.”

“I really appreciated the practical multi-disciplinary nature of this event. Looking forward to attending again!”



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Registration Information

REGISTER ONLINE @

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REGISTRATION FEES

*HST# 11903 5988 RT0001

Early Bird Fee - on/before October 8, 2020

Health Professionals: \$50 +HST

Trainees/Students/Residents: \$20 +HST

Regular Fee - after October 8, 2020

Health Professionals: \$75 +HST

Trainees/Students/Residents: \$30 +HST

CONFIRMATION OF REGISTRATION

A written acknowledgement of your registration will be sent prior to the activity. Receipts are emailed at the time of registration and an additional email will be sent after the activity, confirming your certificate of attendance is ready to download or print. Your registration is not complete unless a confirmation is received. If you have not received a confirmation within 7 days of registration, please contact the CHSE office.



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For More Information

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ACCESSIBILITY

If you have an accommodation need, please e-mail lockes1@mcmaster.ca to make the appropriate arrangements.

DISCLOSURE OF POTENTIAL CONFLICTS OF INTEREST

In keeping with accreditation requirements and the National Standard for Support, McMaster University, Continuing Health Sciences Education Program requires that all speakers, planning committee members, moderators, facilitators and authors participating in this activity must disclose all relationships with for-profit and not-for-profit organizations over the previous two years. Disclosure must be done in print, verbally, and in writing on a slide prior to the speaker's presentation.

CANCELLATION POLICY

The University reserves the right to cancel an activity due to insufficient registration or any circumstances that are beyond our control. Cancellations received before **NOVEMBER 11, 2020** will be refunded less a 25% administrative fee to a maximum of \$50.00. No refunds will be issued for cancellations received after this date.

LIABILITY

Continuing Health Sciences Education (CHSE) hereby assumes no liability for any claims, personal injury, or damage:

- To any individual participating in this activity.
- That may result from the use of technologies, program, products and/or services during this activity.
- That may arise out of, or during this activity.

For Registration Information

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